

PCMK™ - POWER COACHING® WITH MIND-KINETICS®

No doubt ALL areas of your life are full of strengths and challenges.

CHECK ✓ THE 'WHOLE-LIFE' RESULTS THAT YOU DESIRE TO ACHIEVE IN YOUR LIFE



OPERATIONAL RESULTS WE CAN BENEFIT FROM AT WORK:

- Leaders become stronger role models
- Higher Leadership competency levels
- Higher sales and profits, reduced costs and/or meet budgets
- Employees think faster
- Work is done faster: > productivity
- More innovative thinking IQ + EQ
- Better quality work
- Higher customer service index
- Reduce the # of complex cases such as harassment, grievances, etc.
- Workplace wellness
- Organization consistently achieves goals
- Other? _____

PEOPLE RESULTS WE CAN BENEFIT FROM AT WORK:

- Heal strained relationships
- Team members working in harmony
- Improved communication
- Put spirit back into the workplace
- Blame game disappears
- Greater support of each other
- Employees like coming to work
- More positive thinking
- Employees lose fear of expressing self
- Increased trust and respect
- Other? _____

MY CHILDREN CAN BENEFIT FROM THE FOLLOWING RESULTS:

- Better marks at school.
- They are happier, healthier, more peaceful.
- They sleep better.
- Less occurrence of learning disorders.
- Better, more respectful behaviour.
- They display strong values such as honesty, caring helpfulness and courtesy.
- They think faster, better.
- They are more confident.
- They show more enthusiasm for life.
- They are more creative.
- They are now stronger leaders.
- They have found their own power - are less controlled by their peers.
- Other? _____

RESULTS I'D LIKE IN MY PRIVATE LIFE

- I finally like myself.
- I have better control of my own life.
- I have more energy.
- I think more positively.
- I am in touch with my spiritual center.
- I enjoy my hobbies more.
- My stress is reduced.
- I have greater life balance.
- I enjoy life more! Laugh more!
- I am more playful.
- I am more fit.
- I communicate well with my loved ones.
- I have greater health and wealth in all 7 areas of my life: career, financial, spiritual, social, family, intellectual and health.
- I have forgiven myself and others for life's happenings.
- I feel more peaceful, more relaxed about life.
- I am free from addictions.
- I have eliminated unconstructive generational patterns.
- I am a stronger role model of human values like honesty, self-acceptance, etc. for my children and community.
- I know and now live my life purpose.
- Other? _____

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