

20 Techniques to Personal Power



- 1. WHAT YOU THINK YOU BECOME**
Believe in yourself. Know that you have all the skills within you to achieve your dreams ... find the key to unlock those skills.
- 2. DECIDE WHAT YOU WANT OUT OF LIFE**
Write out your personal goals every year. Decide on an action plan to achieve them.
- 3. HAVE COURAGE**
Don't let your fears hold you back. Discover your fears and get rid of them!
- 4. HAVE INTEGRITY**
Be true to yourself – listen to your intuition. Don't be afraid to admit you're wrong.
- 5. BE POSITIVE**
When that nifty little negative voice inside of you creeps in, tell it to take a hike!
- 6. LEARN HOW TO COMMUNICATE**
Learn writing skills, public speaking and selling skills. Learn communication techniques which show other people you are on their side vs. working for self-power.
- 7. ACQUIRE A SENSE OF URGENCY**
Develop a reputation for speed, quality work, setting priorities and follow through.
- 8. MAKE CUSTOMER SERVICE A PASSION**
Your boss, your peers, your distributors and suppliers, prospects and the end-user are all your customers. Find out what they really need at a heart level.
- 9. BE WILLING TO WORK SMART**
Go outside the job description – go the extra mile. Accept 100% responsibility for your work. Do jobs no one else wants.
- 10. CONTINUALLY UPGRADE YOUR SKILLS**
Now that you know your goals, take courses, read, listen to tapes, volunteer to head task forces, etc. which support the achievement of your goals.
- 11. HAVE FAITH**
Have faith that others, physical beings and spiritual beings, are on your side and want you to be successful.
- 12. BECOME AN EXPERT**
Information is power. Become an expert in something and make sure others know it (without going into ego).
- 13. MANAGE YOUR LIFE**
Find a balance within the 7 Areas of your life. Create a vision of what you want to become.
- 14. DEVELOP YOUR INNOVATIVE BRAIN**
Use products like The Brain Walk® and Simple Mind-Kinetics® to train your brain to switch easily between the left and right hemispheres. Learn how to visualize and meditate.
- 15. BE A TEAM BUILDER**
See every human being around you as faultless. See them as Learning People learning how to love and be loved.
- 16. DRESS FOR SUCCESS**
Dress for the job. Make a statement of class and dignity. Our outer beauty reflects our inner beauty.
- 17. CONTROL YOUR FUTURE**
Ask for opportunities to grow.
- 18. HELP OTHERS GROW**
Become a coach to the people around you. Help them see beauty in everything. Help them see that our primary role here on earth is to learn how to love ourselves and others more.
- 19. BECOME A SERIOUS STUDENT OF UNIVERSAL LAWS**
For example: Understand The Universal Law of Karma. What we do comes back to us – good or bad.
- 20. TRUST**
Trust yourself. Trust that every thing that happens, happens for a reason.



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