

Curriculum for **Advanced Power Coach[®] Level (PC III)** **"Removal of Multiple Blocks to Success"**

Via **Distance Learning** this level is comprised of 17 sessions which takes approximately 9 weeks to complete. If you have chosen **On-Site Training**, you will complete four days in intense training which will be followed by 6 telementoring sessions. One of the greatest gifts we can give our clients is the ability to think bilaterally - switch easily between left and right hemispheres of the brain. The benefits are numerous including greater innovativeness, faster thinking, feeling more peaceful and content inside and greater productivity. In Level Three we deepen our study of the mystery, complexity and beauty of the human mind. PC III methodologies give our clients the ability to achieve their goals with swift forward movement.

Theory

Clients will usually seek out a Coach when they discover that a way of thinking they have had all of their lives is no longer serving them. We learn how to help a client assess their brain's capacity to provide them with the success they desire. Transposed hemispheres (the brain may be compensating for some trauma by having the analytical function in the right brain when it should be in the left) may be causing the client to think too hard!

- * Intuition: our greatest coaching skill. How to build it. How to maintain it.
- * Becoming a bilateral thinker.
- * Determining our client's capacity to think homolaterally vs bilaterally, unconscious beliefs of specific success attitudes, stress levels, etc. Demarcating where the brain slows down in its thinking power.
- * Pinpointing positive and unconstructive recurring behaviours.
- * The Secrets of Life: embracing it, loving it and letting go of attachments.

Methodologies

The tools and instruments learned in PC III allow a Power Coach to deepen their intuitive ability. We learn to put a name to the various stages of thinking and recognize when and how to pull us in to "higher mind". Our clients can obtain fast and solid results if we understand their goals, have a mental and intuitive picture of their roadblocks and understand how they think.

- Natural Processing - Self: Coaching out deeper patterns
- Natural Processing - Clients
- Multi-Core Removal - Self: coaching out multiple patterns
- Multi Core Removal - Clients
- The Brain Walk[®] - 'Bilateral Thinker'
- Challenges and Blindfolds
- Connection
- Advanced visualizations